

RESEARCHER OF THE MONTH

Dr. Chunlei Lu is a Professor within the Department of Teacher Education (Faculty of Education) at Brock University. He joined Brock University in 2006 and has served in various roles including Director of the Centre for Continuing Teacher Education and Director of Confucius Institute at Brock University. He has also served as the Co-Chair of the PHE Canada Research Council in 2009-2010. Dr. Lu has held K-12 school teaching certificates in China (Ministry of Education in Shandong Province) and in Canada (Ontario College of Teachers). He obtained a BEd (Shandong Normal University, China), MEd (Zhejiang University, China), MSc (State University of New York at Brockport, USA), and PhD (University of Alberta, Canada).



Beyond his rich teaching experiences over a 30 year period, Dr. Lu has been successfully awarded a number of external research grants in seven universities in three countries (Canada, China, and USA). Based on these cross-cultural experiences, his research interests have concentrated on the overlapped areas of culture, education, and health. He has published two books, seven book chapters, and over 60 refereed articles in Africa, America, Asia, Europe, and Oceania. Dr. Lu's primary research area is in the field of curriculum and instruction in health education and physical education. In addition, he also conducts studies in mindfulness for healthy living; wholistic health; comprehensive school health; comprehensive school physical activity programming; habit development in physical activity; East-West approaches to health and active lifestyles; and Easy-Play sport model.

Why it's important to be connected to the PHE Canada Research Council?

To me, it is very important to be connected to the PHE Canada Research Council for a number of reasons. First, I feel that the Council functions as a Canadian professional and academic group in health and physical education which is the major focus of my scholarship. In this Council, I am able share my research and learn from my colleagues to advance in my teaching and research on a regular basis. Second, I have made a number of lifetime friends and continue to meet new friends and colleagues that enrich and benefit my professional as well as my personal life in this collegial community. Third, this community makes me feel passionate, updated, inspired, and motivated in my work. Lastly, I feel that I belong to this association that is a resourceful and supporting network.

Dr. Lu's most recent publications:

- **Lu, C.**, McGinn, M., Xu, X., & Sylvestre, J. (2017). Living in two cultures: Chinese Canadians' perspectives on health. *Journal of Immigrant and Minority Health*, 19, 423-429. (March 21, 2016 online first). DOI: [10.1007/s10903-016-0386-2](https://doi.org/10.1007/s10903-016-0386-2)
 - **Lu, C.**, & Lorusso, J. (2016). No PE degree? Foundational knowledge to support generalist teachers of physical education. *Teaching and Learning*, 11(1), 1-15. Free access: <https://brock.scholarsportal.info/journals/teachingandlearning/home/article/view/435>
 - **Lu, C.**, & Steele, K. (2014). [Easy-Play Model: An inclusive approach to enjoyable sport participation](#). *Physical and Health Education Journal*, 80(1), 24-28.
 - Douglas, D., **Lu, C.**, & Barrett, J. (2014). Developing physical activity habits in schools for active lifestyle among children and adolescents. *PHEnex Journal*, 6(2), 1-15. Free access: <http://ojs.acadiau.ca/index.php/phenex/article/viewFile/1532/1289>
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