

Dr. Louise Humbert is a Professor in the College of Kinesiology at the University of Saskatchewan. She spent the first decade of her career as a teacher and consultant with the Saskatoon Public School Division. She then moved to a faculty position at the University of Saskatchewan. Her career as a teacher informs her research work to this day!



Louise's research focuses on developing, implementing and understanding the impact of physical activity opportunities in schools and communities. A former president of PHE Canada, Louise is passionate about the role that schools and teachers can play in developing a lifelong love for movement in children and youth. As a faculty member in a College of Kinesiology, her work sits at the intersection of education and health.

Louise has spent many years listening to students, parents and teachers discuss their physical activity and physical education experiences. She shares the findings of her research with post secondary students, teachers, coaches and community leaders, who are working to create physical activity spaces where ALL children and youth feel like they belong. Of particular interest to Louise are the experiences of girls and young women in physical activity settings. She has worked to create welcoming environments for girls and young women in sport and physical activity for almost three decades and this past summer, as part of PHE Canada's focus on equity, she had the opportunity to listen and learn from exemplary physical education teachers in Canada who work daily to provide girls and young women positive physical education experiences.

Why is it important to be connected to the PHE Canada Research Council?

I am not sure where my research program (and my teaching) would be without my involvement in PHE Canada. I was introduced to PHE Canada (CAHPERD at the time) as an undergraduate student at the University of Calgary and I have remained involved ever since. My connections with PHE Canada provided me with opportunities to be part of the "early days" of physical literacy research in Canada and for that I am so grateful! Thanks to the work of many outstanding researchers from across Canada the Research Council has emerged as an integral part of all that we do. The opportunity to connect with researchers and colleagues from across Canada is invaluable and our meetings at the National Conference provide opportunities to listen and learn from each other. I am thrilled to see an emphasis placed on graduate student research and I look forward to learning from the next generation of leaders in our field. Congratulations to everyone who has been part of the council. Thank you for the opportunity to learn from and with you!

As a community based researcher, I collaborate with a wide range of agencies, faculty, undergraduate and graduate students, and community members. It is my privilege to be part of a team of researchers who work together to support positive physical activity experiences for children and youth and those who lead them. A few of our recent publications are noted below.

Several of these papers were first presented at the Research Council forum and were greatly improved from the feedback received! Thank you!

Dr. Louise Humbert's most recent publication:

Cameron, N. & **Humbert, M. L.** (2019) Strong Girls in Physical Education: Opportunities for Social Justice Education. *Sport, Education and Society*, DOI: 10.1080/13573322.2019.1582478

Kerpan, S., **Humbert, M. L.**, Abonyi, S. (2019). Perceptions of Canadian Indigenous Teachers and Students on Movement Integration in the Classroom. *The Australian Journal of Indigenous Education*, 1-10. doi:10.1017/jie.2019.1

Stoddart, A.L., & **Humbert, M.L.** (2017). Physical literacy is...? What teachers really know. *PHEnex*, 8(3), 1-18.

Sulz, L. D., Gleddie D. L., Urbanski, W. & **Humbert M. L.** (2020) Improving school sport: teacher-coach and athletic director perspectives and experiences, *Sport in Society*, DOI: [10.1080/17430437.2020.1755263](https://doi.org/10.1080/17430437.2020.1755263)
