



# STOMP School Profile

## Rutland Middle and Senior Secondary School

Kelowna, BC



### STUDENT ACTION TEAM BREAKDOWN

- 58 Students
- 5 School Staff
- 2 Principals/Vice Principals
- 3 Community Partners

### SCHOOL CHAMPIONS

**Melissa Harris**  
School Counsellor, Elder Liaison

**Stacey Mee**  
School Counsellor

### NUMBER OF STUDENTS REACHED

1200 students reached



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**KNOWLEDGE PRODUCTS CREATED**

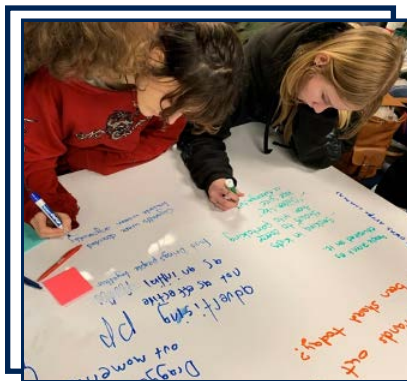
- 1 Educational Video

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# School Activities

**1. Tobacco Documentary:** The Student Action Team is planning to develop a documentary on tobacco and has started working with educational professionals on the harms of vaping and commercial tobacco use. This has been done through the lens of inquiry and learnings from their district Elder regarding the traditional uses of tobacco pre-contact.

**2. Mental Health Counselling:** The school has also brought in outside counselling for students in mental health crisis. This support is critical to youth well-being as many youths are navigating nicotine dependence and mental health issues.



(STOMP Student Design Lab in Action)

**Our Reflections**

As we learn the differences between commercial tobacco and traditional tobacco, while exploring our culture.

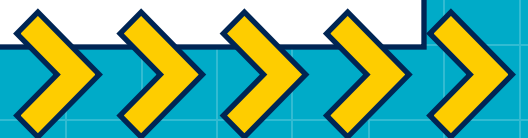
A multi grade multi school inquiry through STOMP

**\* In my heart, the tobacco, once it's lit, the smoke is going to take my message to the Creator for whatever my vows are\***

Elder Genevieve Bruised Head



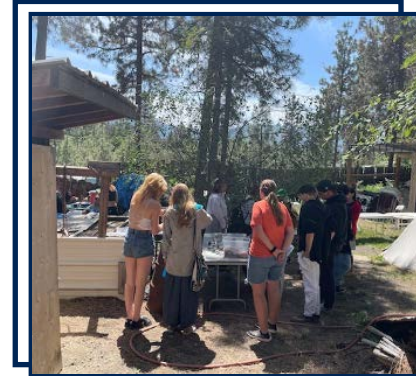
Click to play: [STOMP Grant Reflections Video](#)





### 3.

**Westbank First Nation Field Trip:** Students from Rutland Middle School and Rutland Senior Secondary School visited Westbank First Nation to engage in cultural experiences centered around the land. They received invaluable teachings on the sacred uses of tobacco and the healing properties of traditional medicine. They were also treated to a traditional lunch of Elk stew and Bannock. These immersive lessons fostered a deep appreciation for Indigenous traditions and created opportunities for meaningful connections between the students and the First Nation community.



## Sustainability Plan

The STOMP program continues at Rutland Middle and Senior Secondary School:

- The Student Action Team will share their own personal stories of vaping use and addiction and create their documentary video for sharing on the STOMP Hub and with other school communities.