

# STOMP School Profile

## Queen Charlotte Intermediate School

Charlottetown, PEI

### STUDENT ACTION TEAM BREAKDOWN

- 25 Students
- 3 School Staff
- 3 Principals/Vice Principals
- 1 Community Partner

### SCHOOL CHAMPIONS

**Mary Jo Stolk**  
Health and Physical Education Teacher, STOMP  
Champion Lead

**Buffy MacDougall-Hambly**  
Educator, STOMP Champion Support

### NUMBER OF STUDENTS REACHED

600 Students Reached



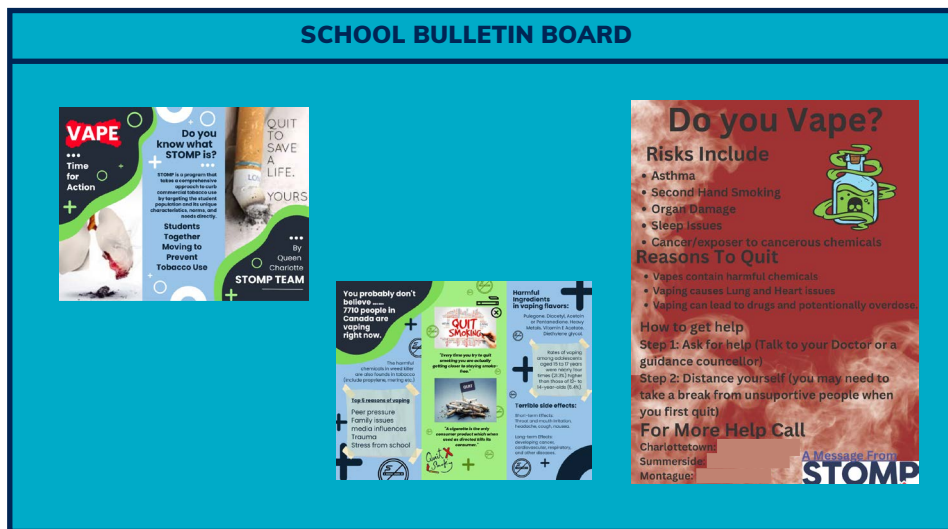
**KNOWLEDGE PRODUCTS CREATED**

- 1 Poster
- 1 Pamphlet
- 2 Educational Videos
- 1 Interactive Kahoot for Classrooms

# School Activities

**1. Promotion & Awareness Poster and Pamphlet:** One part of the Student Action Team created a pamphlet to educate the student body, parents, and staff about vaping, the dangers involved, and to encourage students to join STOMP.

Another part of the Student Action Team designed a poster to hang around the school to help educate students about the dangers of vaping and encouraged them to make healthy decisions.



**2. Homeroom Kahoot Competition:** The Student Action Team developed an interactive Kahoot! activity and held a competition with all homeroom classes. The [Kahoot!](#) questions were related to vaping and tobacco use and were taken directly from the posters and pamphlets the students created as well as from the STOMP Hub.





### 3.

**Educational Videos:** The Student Action Team developed educational videos that allowed other students to engage with STOMP in an entertaining and informative way. These videos provided facts about the harms of vaping and addressed the realities of peer influence within schools. Students also participated in the creation of the PHE Canada STOMP video highlighting their work as a Student Action Team, the importance of youth voice, and making their school a healthier place by reducing vaping use.



### 4.

**Morning Announcements:** Each day during the week leading up to World No Tobacco Day, one of the STOMP Student Action Team an educational fact about vaping and tobacco use harms during the morning announcements at the school along with some upcoming activity announcements.

May 2023						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3 STOMP Meeting Period 3 with Shivani Solanki	4	5 P.E.I.T.F. Day No School	6
7	8	9	10 STOMP Meeting Period 3	11	12	13
14 Mother's Day	15	16	17	18	19 Professional Learning Day No School	20
21	22 Victoria Day No School	23	24	25 STOMP Meeting period 1	26	27
28	29 Announcement Gr 7 visits	30 Announcement Gr 7 visits	31 World No Tobacco Day Announcement Scavenger Hunt	Announcement SAT videos HR	Announcement PHE Canada Video Kahoot!	





**5. Student Presentations:** The Student Action Team presented STOMP activities and a small presentation about the program and harmful effects of vaping. There were eight grade 7 classes who participated in these 20–30-minute workshops.

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**6. Scavenger Hunt:** The Student Action Team created a school scavenger hunt where they hid letters and information related to tobacco use around the school for other students to find during their free time. Once students found a certain number of clues, they solved a puzzle for a prize.

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**7. School Action Team Swag:** The Student Action Team designed STOMP sweaters to wear proudly around the school.



## Sustainability Plan

The STOMP program continues at Queen Charlotte Intermediate School:

- The Student Action Team intends to continue to recruit new students and to build on their work this school year.
- The school will also continue using the [Healthy School Certification program](#).
- The school also plans to hold an assembly to bring awareness to the entire school community about the STOMP program, as they were unable to do so this year because they lost their gymnasium due to hurricane Fiona in September of 2022.
- Graduating grade 8 students intend to bring their STOMP learnings to their high school to increase awareness of the harms of tobacco use.