## ACTIVITY

Active and Safe After School Initiative

# **TEAM WORD-WORK**

| RECOMMENDED AGE |
|-----------------|
| GROUP:          |
| 5-7             |
| 8–10            |
| 11–12           |
| ACTIVITY THEME: |

Importance of following rules

#### **DURATION:**

Prep Time: **5** minutes Activity Time: **15–20** minutes

#### ACTIVITY PURPOSE:

Teach children about the importance of following rules; it improves teamwork and prevents potential safety concerns.

### ACTIVITY GOALS:

PLAN

Learning each other's names
Team building and cooperation
Building trust
Learning a new skill
Embracing differences and accepting diversity
Other: Importance of following rules when building teamwork

#### EQUIPMENT:

- Sheets of construction or white paper,
- Markers, crayons or pencils.

## RESOURCES

#### **ACTIVITY AREA:**

This activity is suited for a multi-purpose room with tables and chairs.

#### SAFETY:

Following the rules helps to keep everyone safe.

## **ACTIVITY DESCRIPTION & INSTRUCTION**

#### **PREPARATION:**

• Gather the materials required for this activity.

#### **ACTIVITY DESCRIPTION:**

- Divide the participants into teams of 4-5.
- Each team comes up with a made-up funny or silly word.
- > Teams then draw their representation of this made-up word on a piece of paper.
- As they are drawing their picture, announce 3-4 conditions that each team must include in their drawing. For example, teams must use 5 colors, each team member must contribute one idea to the drawing, water must be included in the picture, etc.
- > When the teams complete their drawings, they will present them to the rest of the group.
- As part of the presentation teams must describe how their picture meets all the conditions.











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ACTIVITY PLAN

#### DISCUSSION POINTS: IMPORTANCE OF TEAMWORK

- How did your team decide on just one funny word to use in this activity?
- How did your team work together to follow all the rules?
- > Did your team listen to and try to use everyone's ideas?
- Do you think your team followed all the rules?
- Discuss the importance of respecting each teammate's contributions i.e. T.E.A.M. Together Everyone Achieves More.

## **GUIDED DIRECTION**

- Provide a time limit for coming up with the made-up word.
- Let the participants negotiate their decisions such as selecting a made-up word but watch to ensure that everyone is being respectful.
- > Ensure that all participants have an opportunity to contribute their ideas.

## TAKE HOME MESSAGES

## ACCOMMODATIONS & CONSIDERATIONS:

TEAM UP YOUR VISUALLY IMPAIRED PARTICIPANT UP WITH A FRIEND

We are learning about the importance of following rules. Please review our program content with your children and review the rules with them:

- > Teaching and following rules keeps everyone safe and makes the game fun for everyone.
- Discuss the importance of being a good listener and how it contributes to being a good teammate and creating a safe environment.
- > Discuss the importance of thinking before we act or react!











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