



## SAFETY SCRABBLE

### RECOMMENDED AGE

#### GROUP:

- 5-7  
 8-10  
 11-12

#### ACTIVITY THEME:

Everyone must take responsibility for following the rules

### DURATION:

Prep Time: **15** minutes  
 Activity Time: **30** minutes

#### ACTIVITY PURPOSE:

Teach children to acknowledge and set rules to avoid potential safety concerns or hazards.

### ACTIVITY GOALS:

- Learning each other's names  
 Team building and cooperation  
 Building trust  
 Learning a new skill  
 Embracing differences and accepting diversity  
 Other: Safety literacy

### EQUIPMENT:

- Sets of alphabet letters, like Scrabble tiles. (For a group of 20 participants, you will need 10 sets – 2 sets per group as well as an extra set of vowels for each group). Print them from the computer or handwrite them

## RESOURCES

### ACTIVITY AREA:

This activity is suited for a multi-purpose room with tables and chairs. Create distance between the groups so they can't overhear each other.

### SAFETY:

Following the rules helps to keep everyone safe.

## ACTIVITY DESCRIPTION & INSTRUCTION

### PREPARATION:

- ▶ Prepare your alphabet tiles or have the participants create them using craft materials.

### ACTIVITY DESCRIPTION:

- ▶ Divide the participants into groups of 4-5.
- ▶ Give each team 2 sets of letters representing the entire alphabet, as well as 1 extra set of vowels.
- ▶ Each group must use their letters to make as many words as possible connected to safety and physical activity.
- ▶ They must also use their letters to create one sentence about 'safety'.
- ▶ They can use one sheet of paper to make notes or jot down their words, etc. On a second sheet of paper, they must neatly list all of the words they came up with as well as their sentence.
- ▶ The teams will have 5 minutes to complete the task.
- ▶ Before the activity begins, based on suggestions from the children, create a social contract among all participants outlining all the safety rules for this activity (i.e. no yelling, listening to everyone in the group etc.).

**DISCUSSION POINTS: IMPORTANCE OF TEAMWORK**

- ▶ How many safety words did each group find?
- ▶ What were your 'safety' sentences?
- ▶ Was it easier when everyone was following the rules?
- ▶ Did the social contract rules help your group work better?
- ▶ What rules would you include next time?
- ▶ Why is it important to respect your teammate's and their ideas?
- ▶ How did you show them respect?
- ▶ Do you think your team followed all the rules?
- ▶ Discuss the importance of respecting each teammates contributions i.e., T.E.A.M. – Together Everyone Achieves More.

## ACCOMMODATIONS & CONSIDERATIONS:

*CONSIDER GIVING EXTRA TIME TO PARTICIPANTS WITH AN INTELLECTUAL OR LEARNING DISABILITY*

## GUIDED DIRECTION

- ▶ Rather than making the sets of alphabet letters, you can give the participants the craft materials (paper, markers and scissors) and have them make their own.
- ▶ If the rules are not followed, 5 seconds can be taken off the team's 5 minutes time allotment.
- ▶ Ensure that all participants have an opportunity to contribute to their team's words.
- ▶ Ensure that all participants have an opportunity to contribute their ideas.

## TAKE HOME MESSAGES

We are learning about the importance of following rules. Please review our program content with your children and review the rules with them:

- ▶ Teaching and following rules keeps everyone safe and makes the game more fun for everyone.
- ▶ Discuss the importance of being a good listener and how it contributes to being a good teammate and creating a safe environment.
- ▶ Discuss the importance of thinking before we act or react!
- ▶ Following the rules improves teamwork.
- ▶ Children who are 11-12 years old can easily follow rules and benefit from opportunities to work together to implement and manage necessary rules.
- ▶ Leadership roles help 11-12 year olds to develop skills and take ownership for their behavior, their successes and failures as well as safe outcomes of their chosen activities.