



SUPERVISION

EFFECTIVE SUPERVISION:

All activities require a supervisor who is:

- ▶ At the activity site,
- ▶ Close enough to watch and control the activity,
- ▶ Familiar with the activity, and
- ▶ Aware of the potential risks and how to minimize those risks.

CRITERIA FOR EFFECTIVE SUPERVISION:

- ▶ Physical presence at the activity site (prompt, visible, circulating).
- ▶ Knowledge of the activity and its rules for safe play.
- ▶ Knowledge of the potential risks of the activity.
- ▶ Actively informing the participants of:
 - The potential risks,
 - How to minimize the risks, and
 - Rules and expectations for safe play.
- ▶ A pre-activity check of the facilities and equipment.
- ▶ Being in control of the activity and its participants:
 - Providing assistance, preventing potential incidents, resolving conflicts, and
 - Enforcing rules and interceding, as required.

DEPENDING ON THEIR INHERENT RISK FACTORS, PHYSICAL ACTIVITIES REQUIRE DIFFERENT LEVELS OF SUPERVISION. THE FOLLOWING INFORMATION OUTLINES THE THREE DIFFERENT LEVELS OF SUPERVISION ALONG WITH A LIST OF THE APPROVED ACTIVITIES AND THE REQUIRED LEVEL OF SUPERVISION FOR EACH.

GENERAL SUPERVISION:

- ▶ Applies to comparatively low risk activities

1. On site:

- The supervisor circulates throughout the activity site and is always in visual contact of the participants.

SUPERVISION ACTIVITIES

- ▶ Ball Hockey (Indoor/Outdoor)
- ▶ Basketball
- ▶ Cooperative Games
- ▶ Football/Rugby – Flag/Touch
- ▶ Hiking
- ▶ Ice Skating



- ▶ Low Organization Activities and Games
- ▶ Relay and Tag Games
- ▶ Skateboarding
- ▶ Soccer/Crab Soccer/Soccer Baseball
- ▶ Softball – Lob Ball/Slo Pitch/Three Pitch
- ▶ Swimming
- ▶ Ultimate Disc

2. In the area:

- The supervisor is in the vicinity of the activity site but for brief periods of time visual contact with the participants is not available. The supervisor informs participants of his/her location.

SUPERVISION ACTIVITIES

- ▶ Cycling

Specific Supervision:

- ▶ Applies to higher risk activities

3. Constant Visual:

- The supervisor is present during the activity, with constant visual accessibility to the participants and the activity.

SUPERVISION ACTIVITIES

- ▶ Playground Structures
- ▶ Dodgeball