Master List of Supplemental Resources

Teacher eLearning

| Section | Resource Title | Link |
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| Introduction | Blueprint for Action | Blueprint for Action: Preventing Substance-Related Harms Among Youth Through a Comprehensive School Health Approach - Canada.ca |
| | Substance Use Spectrum | Substance Use Spectrum |
| | What is Comprehensive School Health? | What is Comprehensive School Health? |
| | About the Good Samaritan Drug Overdose Act | About the Good Samaritan Drug Overdose Act |
| | STOMP School Profile: Westisle Composite High School | STOMP School Profile: Westisle Composite High School |
| The Blueprint for Action Model | Podcast: Implementing the Blueprint for Action to Reduce Substance- Related Harms in Schools | Implementing the Blueprint for Action to Reduce Substance-Related Harms in Schools |
| Action would | STOMP School Profile: Rutland Middle and Senior Secondary School | STOMP School Profile: Rutland Middle and Senior Secondary School |
| | Joint Consortium for School Health Comprehensive School Health | Joint Consortium for School Health Comprehensive School Health |
| | Canadian Healthy Schools Alliance | Canadian Healthy Schools Alliance |
| | STOMP Kits for Schools I PHE Canada | STOMP Kits for Schools PHE Canada |

| | Implementing the Blueprint for Action to Reduce Substance Related Harms in Schools | Implementing the Blueprint for Action to Reduce Substance-Related Harms in Schools |
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| | "River Parable for Adult Allies" - Rethinking Conversation Around Youth Substance Use | "River Parable for Adult Allies" - Rethinking Conversation Around Youth Substance Use |
| 1.Upstream Prevention | Empowering Enoch Cree Nation: A Journey of Health & Wellbeing | Empowering Enoch Cree Nation: A Journey of Health & Wellbeing |
| FIEVEIIIIOII | Rethinking Conversation Around Youth Substance Use | Rethinking Conversation Around Youth Substance Use |
| | Edmonton Catholic Schools Video: Steering a Big Ship | Edmonton Catholic Schools Video: Steering a Big Ship |
| | Harm Reduction 101 | Harm Reduction 101 |
| | University of British Columbia Article | Teens Prefer Harm Reduction Messaging on Substance Use |
| | OPHEA Video: Making Safer Informed Decisions About Vaping | Making Safer Informed Decisions About Vaping |
| 2. Harm Reduction | Canadian Students for Sensible Drug Policy Toolkit | Sensible Cannabis Toolkit |
| | Canadian Centre on Substance Use and Addiction Poster | <u>Drinking Less is Better: Canada's Guidance on Alcohol and Health - Youth Version</u> |
| | Canadian Centre on Substancce Use Addiction Guide | Talking Pot with Youth: A Cannabis Communication Guide for Youth Allies |
| | Canadian Centre on Substance Use and Addiction | <u>Understanding Substance Use: Educator's Guide</u> |

| | Video: Using a Common Language | <u>Using a Common Language</u> |
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| | Youth Vaping Graphic and CIHR Panel Discussion Summary | Youth Vaping Graphic and CIHR Panel Discussion Summary |
| | The Chief Public Health Officer's Report on the State of Public Health in Canada 2019 | The Chief Public Health Officer's Report on the State of Public Health in Canada 2019 |
| | Handout: Health Canada | Stigma: Why Words Matter |
| | Video: Canadian Centre on Substance Use and Addiction | <u>Understanding Stigma</u> |
| | Promising Practice Example - Peer Support Volunteers | Promising Practice Example - Peer Support Volunteers |
| | Poster: Ridgemont STOMP | Poster: Ridgemont STOMP |
| 3. Stigma Reduction | Podcast: What Educators Should Know About Cannabis with Ben Schworer | What Educators Should Know About Cannabis with Ben Schworer |
| | Video: Canadian Centre on Substance Use and Addiction | <u>Understanding Stigma</u> |
| | Canadian Centre on Substance Use and Addiction | <u>Understanding Substance Use: Educator's Guide</u> |
| | Handout: Health Canada | Stigma: Why Words Matter |
| | Video: Decolonizing Substance Use | TED Talk: Len Pierre On Decolonizing Substance Use PHE Canada |
| 4. Equity-Oriented Approaches | The Difference Between Health Equity and Equality | The Difference Between Health Equity and Equality |

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| | Equity-Focused Teaching Strategies: Critical Engagement of Difference | <u>Critical Engagement of Difference</u> |
| | Equity-Focused Teaching Strategies: Structured Interactions | Structured Interactions |
| | Equity-Focused Teaching Strategies: Academic Belonging | Academic Belonging |
| | Equity-Focused Teaching Strategies: Transparency | <u>Transparency</u> |
| | Equity-Focused Teaching Strategies: Flexibility | <u>Flexibility</u> |
| | Framework for Equity-Focused Teaching | Framework for Equity-Focused Teaching |
| | Cultivating Educational Equity: Strategies for Administrators | <u>Cultivating Education Equity: Strategies for Administrators</u> |
| | Principals' Social and Emotional Competence | Principals' Social and Emotional Competence |
| | Equity-Oriented Approaches | <u>Equity-Oriented Approaches</u> |
| Bringing It All Together | Blank Blueprint for Action Matrix | Blank Blueprint for Action Matrix |
| | Activity: Cross The Line | Activity: Cross The Line |
| The Blueprint for Action in Practice | Activity: Design A Habit-ABLE Environment | Activity: Design A Habit-ABLE Environment |
| | Cochrane Healing Arts Time (CHAT) Program | Cochrane Healing Arts Time (CHAT) Program |

| Dr. Clark Indigenous Healing Garden | Dr. Clark Indigenous Healing Garden |
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| POD C.A.R.E - Character and Confidence, Attitudes, Relationships, and Empathy Program | POD C.A.R.E - Character and Confidence, Attitudes, Relationships, and Empathy Program |
| Soft Start Welcomes | Soft Start Welcomes |
| Joint Consortium for School Health Comprehensive School Health | Joint Consortium for School Health Comprehensive School Health |
| Mental Wellness Retreat Day | Mental Wellness Retreat Day |
| Canadian Centre on Substance Use and Addiction Poster | Drinking Less is Better: Canada's Guidance on Alcohol and Health - Youth Version |
| Lower-Risk Cannabis Use Guidelines (LRCUG) for Youth | Lower-Risk Cannabis Use Guidelines (LRCUG) for Youth |
| Activity: Words of Warning | Activity: Words of Warning |
| About the Good Samaritan Drug Overdose Act | About the Good Samaritan Drug Overdose Act |
| *New* Commercial Tobacco Unit Plan | *NEW* Commercial Tobacco Unit Plan |
| Why Harm Reduction? Key Messages for Schools | Why Harm Reduction? Key Messages for Schools |

| Substance Use Harms Prevention | Substance Use Harms Prevention |
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| Comprehensive School Substance Use Policy Checklist | Comprehensive School Substance Use Policy Checklist |
| Health Canada Youth Vaping Prevention Resources | Health Canada Youth Vaping Prevention Resources |
| Health Canada Experiences | Health Canada Experiences |
| Activity: Addiction Mind Map | Activity: Addiction Mind Map |
| Stigma: Why Words Matter | <u>Stigma: Why Words Matter</u> |
| Canadian Centre on Substance Use and Addiction | <u>Understanding Substance Use: Educator's Guide</u> |
| Helping Schools Alternatives to Suspension | Helping Schools Alternatives to Suspension |
| Brain Story Toolkit | <u>Brain Story Toolkit</u> |
| STOMP Video: Empathy | STOMP Video: Empathy |

| | Cochrane Healing Arts Time (CHAT) Program | Cochrane Healing Arts Time (CHAT) Program |
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| | School Profile - Nackawic High School | School Profile - Nackawic High School |
| | Time to Listen: Youth Voices on Substance Use | Time to Listen: Youth Voices on Substance Use |
| | What Works: Restorative Practices Versus Traditional School Discipline | What Works: Restorative Practices Versus Traditional School Discipline |
| | Gender-based Analysis Plus (GBA Plus) | Gender-based Analysis Plus (GBA Plus) |
| | KAIROS Blanket Exercise | KAIROS Blanket Exercise |
| | School Profile - Rutland Middle and Secondary School | School Profile - Rutland Middle and Secondary School |
| | Blank Blueprint for Action Matrix | Blank Blueprint for Action Matrix |
| | PHE Canada STOMP Resource Hub | Students Together Moving to Prevent Tobacco Use |
| Scenarios | Talking With Your Teen About Vaping: A Tip Sheet for Parents | Talking With Your Teen About Vaping: A Tip Sheet for Parents |
| | Clearing the Air About Cannabis: What is Vaping? | Clearing the Air About Cannabis: What is Vaping? |

| | Quash Brief Conversations Toolkit | Quash Brief Conversations Toolkit |
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| | Joint Consortium for School Health | Substance Use Harms Prevention |
| Summary | School Profile - Queen Charlotte Intermediate School | School Profile - Queen Charlotte Intermediate School |
| | Blueprint for Action Resource Hub | Blueprint for Action Resource Hub |