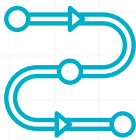


# ASSESSMENT IN PHYSICAL EDUCATION

Physical education is not about playing games or sport, nor is it about simply building fitness or accumulating a minimum amount of physical activity during lessons; the focus should be on purposeful learning. Strong assessment policies, that help to create and implement reliable, valid, and authentic ways to assess student learning, will provide opportunities for PE to ‘prove its worth’.



## WHAT IS ASSESSMENT



It is a process by which information on student learning is obtained, interpreted and communicated.



It can encourage, as well as undermine, learning.



It creates and shapes what it measures.



Proper assessment, and accountability, can support quality PE by ensuring alignment between intended learning outcomes, pedagogy, and assessment.



## ACHIEVING MEANINGFUL LEARNING



Teaching that reflects an alignment between intended learning outcomes.



Assessments that provide evidence of students’ progression toward those outcomes.



The instructional practices employed to facilitate students achieving success.

## STEPS FOR MEANINGFUL ASSESSMENT:

- 1 Identify outcomes: from the curriculum, what students are to achieve.
- 2 Define success: work with students to determine how they might demonstrate success (All learning cannot, and does not, have to be demonstrated in the same way).
- 3 Provide opportunities: provide fitting opportunities for students to demonstrate success, mastery, competence, and level of achievement.
- 4 Learner centred: allow students to choose how to demonstrate their learning progression.



## TECHNOLOGY SHOULD...



...never dictate what kind of data are collected, and how this is used for assessment.



...be used at the right time, to enhance learning, aide with reflection and provide deeper insights into skills and abilities.



...measure what we value, instead of valuing what we can measure.



Evidence of learning in PE should address individual achievement and learning growth, and come from multiple, fine-grained and varied sources, taking into account student differences.