

A photograph of five children of diverse backgrounds standing in front of a chalkboard. They are all smiling and have their hands raised in the air. They are wearing backpacks and casual clothing. The image is overlaid with a semi-transparent dark blue filter.

CHAMPIONING
HEALTHY, ACTIVE
CHILDREN AND YOUTH

Physical and Health Education Canada
Annual Report
2019-20



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CHAMPIONING Healthy, Active Kids



OUR VISION

A future wherein all children and youth in Canada live healthy, physically active lives.

Physical and Health Education Canada (PHE Canada) is a national charitable association, championing healthy, active kids by promoting and advancing quality physical and health education opportunities and healthy learning environments. Supporting community champions with quality programs, professional development services, and community activation initiatives, PHE Canada inspires all to live healthy, physically active lives.

OUR VALUES

- | | |
|---|------------------------|
| 1 | Collaboration |
| 2 | Inclusion |
| 3 | Sustainable Leadership |
| 4 | Community |
| 5 | Reflective Practice |
| 6 | Critical Thinking |

Message from PHE CANADA LEADERSHIP



Lori Munro-Sigfridson
President
PHE Canada

Relationships continue to be a core value within all facets of PHE Canada. Collaborative initiatives within the Canadian Healthy Schools Alliance, PHE Canada Research Council, and Council of Provinces and Territories all continue to grow, allowing for innovation to emerge and positively impact our members and school communities.

This message marks my last term as president, and my eighth year on the PHE Canada Board of Directors. It was a year like no other. I thought I would have many more learning experiences in my last year as president, but leading through a pandemic was never anticipated.

Confronted with many new challenges, our organization never lost sight of its mission: All children in Canada leading healthy physically active lives! Our national office staff, with ED&CEO

Melanie Davis at the helm, worked tirelessly to be attentive and responsive to our members' needs and the changing landscape of education across the country. Within a week of the suspension of in-school learning, the team embarked on developing virtual learning resources, established a platform for physical and health educators to connect, and created an advocacy campaign highlighting physical and health education as core subject areas to each provincial Ministry of Education. The aim, as always, to support teachers and equip them with

the knowledge, skills, and supports needed to ensure that all students would experience quality physical and health education.

It is important to note that this work was not completed within the structure of a "normal" work environment, but within the homes of our staff while they navigated all the personal stressors associated with this change. Thus, to PHE Canada's staff, on behalf of the Board of Directors, please know how valued and appreciated you all are. We humbly recognize our success lies largely on your efforts and high standards for quality.

Relationships continue to be a core value within all facets of PHE Canada. Collaborative initiatives within the Canadian Healthy Schools Alliance, PHE Canada Research Council, and Council of Provinces and Territories all continue to grow, allowing for innovation to emerge and positively impact our members and school communities.

PHE Canada is indebted to the volunteers that make up the membership for the Board of Directors, Research Council Executive Committee, and the Council of Provinces and Territories. Once the impacts of COVID-19 on our profession were realized, you rolled up your sleeves and jumped in, adding your experience and expertise when and where it was needed. There has never been a time when I was prouder to be part of such an amazing team. My deep and sincere

thanks to all of you! Your diligence, passion, and willingness to volunteer your time led to our continued success, furthering the prominence of PHE Canada as the leading national physical and health education organization. I am truly honoured to have worked with all of you.

I am pleased to pass the torch to incoming President, Dr. Doug Gleddie – his guiding light will illuminate the path forward as we continue to navigate the uncharted waters of COVID-19. I know I am leaving my post in great hands. After countless hours spent working with Doug, I trust he will be a pillar of strength, an understanding ear, a visionary, a collaborator, a sometimes contrarian, but most importantly an ardent leader. I can't thank him enough for his support during my presidency.

Until we are able to meet again in person, I wish you health and happiness!



Lori Munro-Sigfridson
President

Message from PHE CANADA LEADERSHIP



Melanie Davis
CEO & ED
PHE Canada

COVID-19 has given focus to many of the inequities existing within Canadian education and society. For PHE Canada, this meant ensuring that teachers were empowered with trauma informed approaches, turn-key resources, lesson and activity plans for multiple settings, abilities, all ages.

The difficulty in writing this message for 2019-2020 is in writing about anything pre-COVID-19. What an exercise it is to force myself to think back to the time before COVID-19. As I do though, I am reminded of the important moments that PHE Canada had. Whether it was the National Healthy Schools Forum in November 2019 with keynotes from Dr. Tracy Vaillancourt and Kike Ojo-Thompson, the Share2Care Campaign; or the launch of programs like the Move Think Learn Football in Focus Featuring CFL Skill Practice and the Recess

Project that were flexible, dynamic, and responsive to young people's diverse abilities, interests, and needs. PHE Canada had vigour and passion as it moved forward to achieving its goals during this last year of the 2017-2020 strategic plan.

Additionally, investments into multi-sectoral collaboration for impact led to multi-year funding for the Canadian Healthy Schools Alliance and the Sport, Physical, Activity and Physical Literacy Project in British Columbia. These

collaborative, cross-organizational projects represent a fundamental shift in how the PHE Community works together with health, cultural, and sports partners to support students. The collaborative efforts of these groups show that working together is the route to long lasting impact.

All to say, things were going very well. Then, on March 16th, the World Health Organization declared COVID-19 a global pandemic, school doors were shut, and the education sector was left in the dark, not knowing how to move forward, scrambling for footing.

Emergency teaching mode began and it seemed that physical and health education (PHE) was being pushed aside as a non-essential subject. PHE Canada was able to be nimble, striking a chord with its quick advocacy campaign, #WeSupportPHE, targeted to Ministries of Education across the country asking to include PHE in remote learning plans. PHE Canada also pulled all hands on deck to move its National Conference to an online Spotlight Series, build national PHE guidelines for teaching in a pandemic, produce modified learning activities, and establish a virtual place for the PHE Community to connect with Cross-Country Check-Ins – all available for free and open access on a new PHE at Home Learning Centre.

COVID-19 as well, has given focus to many of the inequities existing within

Canadian education and society. Children and youth living in poverty, those with disabilities, those affected by trauma or mental health issues, and those who identify as BIPOC have faced additional barriers during the pandemic. For PHE Canada, this meant ensuring that teachers were empowered with trauma informed approaches, turn-key resources, lesson and activity plans for multiple settings, abilities, all ages.

Wisely, we have achieved this in a resilient, efficient, and sustainable way. Our Audited Financial Statements show that for the second year running, we are healthy and growing. Our workplace is characterized as an energetic, caring, and creative place to be.

I look forward to further work as we work to ensure each and every child lives an active and healthy life.



Melanie Davis
Executive Director & Chief Executive Officer

Thanks to our FUNDERS AND PARTNERS

OUR FUNDERS



CARTHY FOUNDATION



Canada

McConnell



Saputo

the co-operators

OUR PARTNERS

Archery Canada
Badminton Canada
BOKS (Build Our Kids Success)
Canada Basketball
Canadian School Boards Association
Canada Soccer
Canadian Association of School System Administrators
Canadian Olympic Committee
Canadian Sport for Life
Canadian Team Handball Federation
Canadian Centre for Ethics in Sport (CCES)

Canoe/Kayak Canada
Centre for Addition and Mental Health
Cricket Canada
Curling Canada
Cycling Canada
DASH BC
Ever Active Schools
Football Canada
Hockey Canada
Human Kinetics
NBA
Ophea
ParticipACTION

Qalipu Cultural Foundation
Recess Project Canada
Ringette Canada
SIRC
Softball Canada
Squash Canada
St. James Assiniboia School Division
The Personal
Toronto District School Board
Western University - Faculty of Education

COVID-19 RESPONSE

PHE Canada launched a comprehensive series of resources, tools, and services to champion physical and health education and support teachers and learners during this unprecedented time in continuing to offer quality physical and health education learning experiences under the new paradigm of online educational delivery within a home setting.



For the most part, the 2019-2020 school year started off like a normal school year. However, in March, it became anything but normal. The emergence of the COVID-19 virus took the world by storm, causing much chaos, uncertainty, and distress in both our professional and personal lives. In an effort to limit the spread of the virus, businesses halted operations, the ability to gather face-to-face was restricted, and new health protocols were legislated. Life as we knew it had changed!

Education was not spared, as students were sent home and schools closed while Ministries of Education grappled with how they were going to respond to the pandemic. In the weeks that followed, each jurisdiction developed and implemented their own approach and response to enable education continuity amid the pandemic - with teachers and school

administrators to find solutions to this completely new and foreign educational context and instructional environment of distant, at-home learning. In addition, in many provinces, physical and health education was omitted from 'emergency learning' education plans - at a time when the HOW and WHY to be healthy took on a whole new meaning and importance.

- 'Now is the time': N.L. to close all schools, child-care centres to curb spread of COVID-19**
(Marie Isabelle Rochon/Radio-Canada). All schools across Newfoundland and Labrador are closing in an effort to slow down the spread ... (Jeremy Eaton/CBC).
Mar 16, 2020
- Alberta cancels K-12 classes, closes child-care centres due to COVID-19 pandemic**
There are a total of 56 cases of COVID-19 in the province. CBC News · Posted: Mar 15, 2020 2:30 PM MT | Last Updated: March 15.
Mar 15, 2020
- B.C. K-12 schools suspended indefinitely**
Elementary and secondary schools in British Columbia will remain closed ... Most of B.C.'s 550,000 students are currently out of school until March 30. Education ...
Mar 17, 2020
- Ontario to shut down publicly funded schools for 2 weeks after March Break over COVID-19 concerns**
All publicly funded schools will close from March 14 to April 5. CBC News · Posted: Mar 12, 2020 4:05 PM ET | Last Updated: March 12.
Mar 12, 2020



“ it is essential that all children continue to receive quality physical and health education from qualified educators during this challenging time.

While we all continued to find our way through the pandemic, we were once again witness to the PHE Community's dedication, resolve, and passion - seeing PHE Champions from across the country support the community - whether by posting PHE activity ideas, sharing educational strategies and approaches during at-home learning, and/or doing what they can to support the health and well-being of themselves and their students. We understand these are challenging times - we applaud all your efforts, and we will continue to do our best to support you however we can.

Like the PHE Community, and believing it is essential that all children continue to receive quality physical and health education from qualified educators in order to develop the knowledge, skills, and attitudes to lead physically

active and healthy lifestyles, PHE Canada pivoted and responded. While working remotely from home offices, and continuing to support and respond to questions from the PHE Community, PHE Canada got to work to support physical and health education teachers and students across the country during this trying time. The result, in just over three weeks from the time of the school closure announcements, PHE Canada had launched a comprehensive series of resources, tools, and services to champion physical and health education and support teachers and learners during this unprecedented time in continuing to offer quality physical and health education learning experiences under the new paradigm of online educational delivery within a home setting.

PHE Home Learning Centre

The PHE Home Learning Centre provided the central hub of PHE Canada's response, providing teachers with quick and easy access to:

PHE at Home Activities

141 activities suited to the distant, at-home learning environment, spanning three grade ranges (K-3, 4-6 and 7-12) across four key PHE themes (Physical Education, Healthy Eating, Emotional Well-Being, and Healthy Bodies)

12,200
TOTAL USERS

141
ACTIVITIES

36,085
DOWNLOADS

to support educators to continue providing quality PHE during this challenging time.

Cross-Canada Check-Ins

In times of uncertainty and when facing adversity, it often helps to connect and lean on others. The Cross-Canada Check-Ins were initiated for exactly that. Over the course of three months (April – June), 12 Check-Ins were convened, providing an opportunity for the PHE Community to come together to share, learn, and discuss current challenges and opportunities, emerging topics, tips and strategies for personal and professional development, and innovative approaches to physical and health education during this pandemic.



Really looking forward to another valuable conversation. Keeping the connection alive and strong, discovering the possibilities with reflection and critical thinking of the past events and challenges. - Renee Gregerson

COVID-19 Update Centre

providing the PHE Community with the most up to date news and developments from public health and provincial ministries across the country.

Staff Picks

linking visitors to 25+ additional sources for activity ideas to further support teachers in their new role, as well as their students and families.

Staff Room

connecting teachers to networking (PHE Cross-Canada Check-Ins) and professional development (PHE Canada Spotlight Series) opportunities, self-care tips and strategies, and PHE advocacy supports (#WeSupportPHE).

1947
UNIQUE ATTENDEES

12
SESSIONS

960
TOTAL MINUTES
that we connected as a nation

Spotlight Series

With COVID-19 putting a pause on in-person professional development opportunities, including the PHE National Conference, pivoted to fill the void with the PHE Spotlight Series. The series offered 14 free, virtual professional development workshops, covering a range of topics, to support and advance quality physical and health education – both under the at-home learning environment, and when it is time to return to school.

Spotlight Topics

- 1 Physical Activity and Play at a Distance
- 2 Supporting LGBTQ+ Youth
- 3 Alternative Environment Activities
- 4 Sexual Health Education
- 5 Resistance Training
- 6 Mental Fitness and Cognitive Domain
- 7 Student Leadership
- 8 All Abilities
- 8 Dance

1215
RETWEETS USING THE HASHTAG

804
LIKES

369
EDUCATORS AND ORGANIZATIONS
joined the conversation

1086
UNIQUE ATTENDEES

1156
DOWNLOADS

14
SESSIONS

2901
TIMES WATCHED ON YOUTUBE
and growing

#WeSupportPHE Campaign

As COVID-19 disrupted education, it may have had no bigger impact than on physical and health education. At a time when it was needed most, PHE was omitted from most provincial 'emergency learning' plans. There were also stories of PHE teachers not being allowed to provide PHE at-home learning opportunities, and being re-assigned to support other subject area teachers or classes in numeracy and literacy.

The #WeSupportPHE Campaign advocated for physical and health education to be included in provincial/territorial government at-home and back-to-school learning mandates, to call on decision makers to start to or further recognize PHE as an essential component of education, and to re-invigorate and inspire the PHE Community as vital contributors to the health, well-being, and development of Canadian children and youth.

PHE Canada PROGRAM HIGHLIGHTS

Programs need to be fun, engaging, challenging, relevant, and safe. PHE Canada programming helps ensure children and youth are receiving the very best physical and health education programming and healthy school practices - designed to be inclusive, fun, and support the development of the whole child.

At My Best

At My Best continues to be a pillar of PHE Canada programming. With continuing support from Founding Partner, AstraZeneca, and Supporting Partner, Saputo, At My Best continued to evolve and innovate - and as result, was a go-to for educators in response to challenges brought on by COVID-19. Between March and June 2020, 141 new teachers registered with the program to support their PHE programming during the pandemic – supporting over 25,000 students across the country. In continuing

to advance the program, this year saw more time invested in enhancing the At My Best Play Days and At My Best Challenge – two fun engagement activities for students to celebrate and apply the healthy behaviours they have learnt and established through the program. The Play Day Toolkit was enhanced to provide Parasport games and cultural activities focusing on the themes of physical activity, healthy eating, and emotional well-being.



At My Best Funding Recipients:

- 1 École Notre-Dame de l'Assomption – Victoriaville, QC
- 2 Stella Maris Academy – Trepassey, NL
- 3 Waverly Public School – Oshawa, ON
- 4 Rosscarrock School – Calgary, AB
- 5 Westbrook Elementary School – Edmonton, AB
- 6 Wheatland Elementary School – Strathmore, AB



141
NEW
TEACHERS

25K
NEW
STUDENTS

7.5K
TOTAL
TEACHERS

0.8M
TOTAL
STUDENTS

Unfortunately, with schools closed due to COVID-19, Rae the Star wasn't able to celebrate in-person with Signature Play Day schools. However, PHE Canada was able to change direction and morph the At My Best Challenge into the At My Best Play Days ... At Home – offering a variety of fun, engaging activities for students, teachers, and families to do at home within the health and safety protocols in place. As

is tradition with the Play Days, pandemic or not, six deserving At My Best schools received \$7,500 in financial support to support the advancement of the At My Best philosophy in their school.

Collectively, there is now close to 7,500 teachers and close to 800,000 students engaged in the At My Best program.

I like that the At My Best program provides so much support for my Health and Physical Education program - especially the curriculum-based lesson plans and task cards. It creates a very interactive program that students are engaged in.



Move Think Learn

Move Think Learn is quickly becoming PHE Canada's, and PHE Community's, top physical education program. With its Teaching Games for Understanding approach, supporting both students' skill and tactical gameplay knowledge, confidence, and competence development through fun games, the program has grown to 16 resources, being used by 5,847 educators and program leads to support close to 2.5 million

children and youth.

New this year was a partnership with the CFL in development and delivery of the Move Think Learn Football in Focus (Grades 4-6) Featuring CFL Skill Practice, featuring 20 football skill videos, inclusion considerations for each activity, and five Skill Practice activities.

16
TOTAL
RESOURCES

5.8K
TOTAL
EDUCATORS

2.5M
TOTAL
STUDENTS

Passport for Life

Passport for Life is an online assessment tool that supports the awareness, assessment, development, and advancement of physical literacy in children and youth. The tool looks at the four primary components of physical literacy: Active Participation, Living Skills, Fitness Skills and Movement Skills. Each participant receives a personalized passport reporting individual data on

each assessment and includes suggestions about how to improve their physical literacy.

2019-2020, saw the incorporation of accommodations for grades 7-12 Fitness Skills and Movement Skills and the beginning of a program review, including website enhancement plan to improve usability and functionality for educators and students.

4.9K
TOTAL
TEACHERS

14K+
TOTAL
STUDENTS



Talk About Recess

Recess plays a critical role in shaping positive social relationships, overall health, academic performance, and long-term health trajectories for children and youth. Recess is one of the few times in the school day for free play and social interaction. As result, recess must be thoughtfully designed; well-supported; and provide a variety of options, equipment, activities, and play spaces that are inclusive, prosocial, restful, playful, creative,

and protected from the effects of social harm.

Working with the Recess Project and support by The J.W. McConnell Family Foundation, PHE Canada is continuing to develop tips, tools, and resources to advocate, support, and advance quality recess planning and implementation for all children and youth. PHE Canada is excited for the launch of these supports next year.



18K+
DOWNLOADS

5.6K
TOTAL
TEACHERS

Always Changing

— This year, saw new revisions to the both Grades 5-6 and Grades 7+ puberty education resources, in both content and design. P&G and PHE Canada worked together to identify gaps within the resources and added content that used inclusive language and added topics that include gender and sexuality. The design of the resources has been modernized and are representative of the population of students it serves.

Despite schools being closed and hard copies unable to be shipped to schools, the program continued to succeed with its provision of online learning materials – generating 18,000+ downloads and 5,600 teachers drawing from the Always Changing program.

“ This is a fantastic program that provided young people the information and resources to ease them through the pubescent stage of development. The student handbooks are a great resource for students to review and share with parents

reboot verb

re-boot | \ (,)rē-'büt \

to start (something) anew : to refresh (something) by making a new start or creating a new version

(Merriam-Webster Dictionary)

507
NEW
TEACHERS

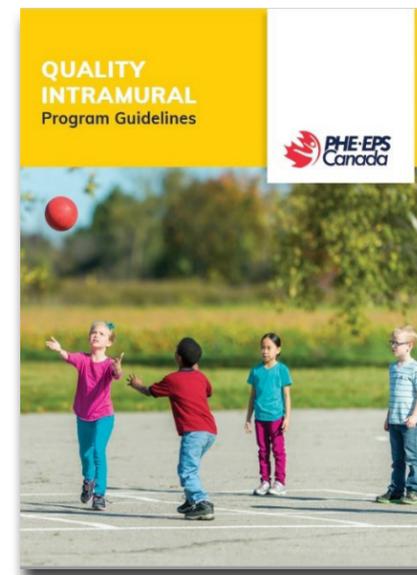
4
SCHOOLS
IN PILOT
PROJECT

ReBOOT Intramurals

— In 2019-2020, PHE Canada continued to build off the findings of the [ReBOOT Intramurals](#) pilot project, establishing a legacy for the program to support other schools and community in providing young women and girls with access to quality sport and physical activity opportunities. The product, the ReBOOT Intramurals Toolkit - comprised of Intramural Guidelines, IntramYOURals Checklist, and a guide for implementing a user-

centered design approach and the 9 step process used in the pilot project.

Over 500 teachers have downloaded the Toolkit to support their intramural programming. Teachers who would like to utilize the framework developed for ReBOOT Intramurals can access resources on the [PHE Canada website](#).



Teach Resiliency

While positive mental health and resilience has always been important, the emergence of COVID-19 could not have shown a brighter light on the need to foster its development within students ... and school staff! Fortunately, Teach Resiliency was ready and available to support teacher self care and student educational programming, adding over 40 new validated tools and resources, including timely supports on anti-black racism, teaching social-emotional

learning, and staying resilient during COVID-19. Over 15,000 educators from across the country engaged with the program, with thousands of mental health resources being accessed and download to support positive mental health and resilience.

Thanks to the support of The Co-operators, Teach Resiliency was able to further its support an impact on mental health with Share2Care and the Teach Resiliency Education Series.



The Education Series hosted three (3) professional development webinars, increasing the knowledge and capacity of 788 educators to build a culture of mental well-being in their school, take care of their own wellness, and support the next generation of teachers in pre-service education.



Share2Care was once again a highlight, having received 319 innovative mental health ideas and initiatives, with submissions from every province and territory. Many of these initiatives are now being shared on www.teachresiliency.ca to inform and inspire other school communities, including the 5 deserving schools that receive the \$5,000 grants to help advance their mental health programs and initiatives.

Sharing Dance

PHE Canada's partnership with Canada's National Ballet School (NBS) continued into its 4th year with Sharing Dance, a community-based initiative that offers a free dance education program for all Canadians. In 2019-2020, PHE Canada's work

focused on continuing to advise of educational developments and build awareness of and engagement with the Sharing Dance program, including its online education centre and Sharing Dance Day event.

School Physical Activity and Physical Literacy Project

Working alongside Sport for Life, Childhood Obesity Foundation, and iSPARC, and supported by the Province of British Columbia, PHE Canada is supporting the School Physical Activity and Physical Literacy Project - a multicomponent, school-based health promotion initiative for B.C. elementary schools. The project will provide both in-person and online professional

development opportunities to build the capacity of B.C. elementary school educators to increase their confidence and competence in delivering quality physical activity and physical literacy opportunities at school, and support links to mental well-being. The project is being prototyped across a diverse subset of school districts and schools in British Columbia.

PHE Canada

ACTIVATING PHE

Opportunities for professional development in the areas of physical and health education and healthy school communities is critical to the advancement of our profession, our proficiency, and effectiveness in providing quality learning experiences and healthy, inclusive environments for all our students.

PHE Canada continued expand its portfolio of professional development programs and services for in-service and pre-service educators.

2019-2020 saw the addition of a new e-learning course, An Introduction to Models-Based Practice, introducing teachers to, and advancing their knowledge of, pedagogical models and the Models-Based Practice approach. An Introduction to Models-Based Practice now joins the other PHE Canada e-learning and certification courses – Physical

Literacy e-Learning Certification and Physical Literacy and All Abilities.

Between the 2019 Healthy School Communities National Forum, PHE Spotlight Series, Teach Resiliency Education Series, e-learning certification courses, Cross-Canada Check-Ins, and PHE Canada workshops, pandemic or not, the PHE Community continues build its capacity to better support its students and school communities.



New e-Learning
An Introduction to Models-Based Practice

Activating PHE in Numbers:

3	Certification courses
217	teachers certified
67	PHE workshops / presentations
7,773	teachers advancing their knowledge, skills, and capacity

Our Community



357
PROFESSIONAL MEMBERS

295
STUDENT MEMBERS

76
RESEARCH COUNCIL MEMBERS

3,405
SUPPORTERS

Social Media and Newsletter

15k+ Twitter Followers

3.6k+ Facebook Page Likes

500+ Instagram Followers

700+ YouTube Subscribers

12k+ Email Subscribers

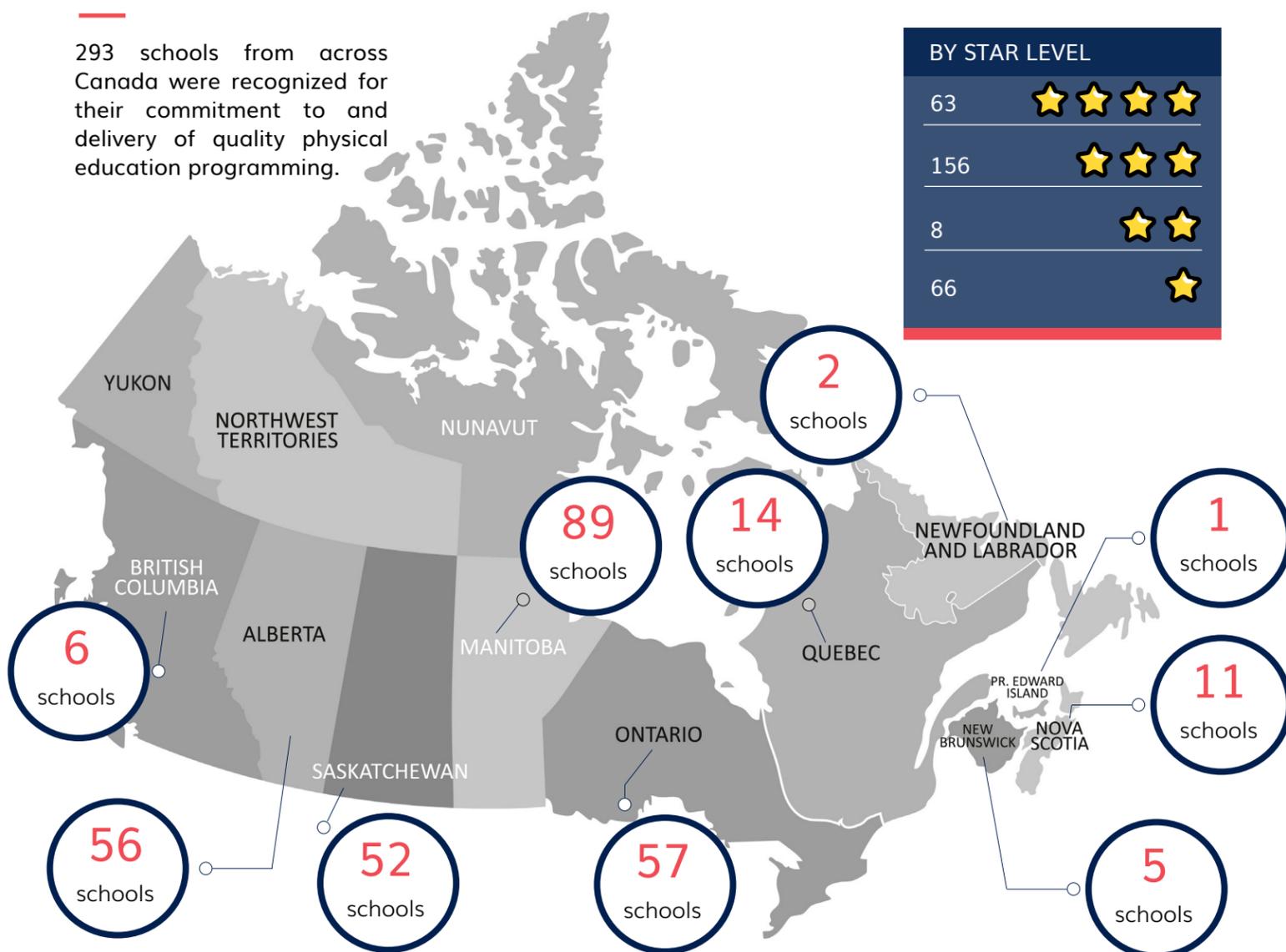
Inspire A NATION

Across the country, there are incredible people doing incredible things to make an impact in their schools and communities. PHE Canada recognizes, celebrates, and shares their stories to acknowledge their efforts and inspire others.

Quality Daily Physical Education (QDPE) Awards

293 schools from across Canada were recognized for their commitment to and delivery of quality physical education programming.

BY STAR LEVEL	
63	★★★★
156	★★★
8	★★
66	★



National Awards Recipients



Louise Humbert, SK
R. Tait Mackenzie Honour Award



Ken Lodewyk, ON
North American Society Award



The RSB and LBPSB Community Champions
(from left to right: Gail Somerville, Johanne Boursier, Chantale Scroggins, Cindy Finn, Sujata Saha, Sylvain Racette)
Health Promoting Schools Champion Award Recipient



Amanda Brewer, NS
Teaching Excellence in Health Education



Thomas Doherty, ON
Teaching Excellence in Health Education



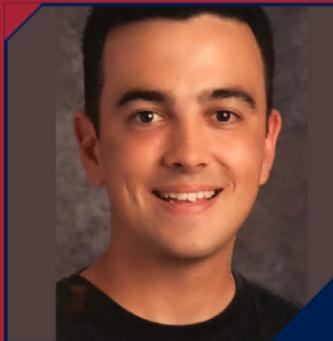
Jennifer Lloyd McKenzie, NS
Teaching Excellence in Physical Education



David Bard, MB
Teaching Excellence in Physical Education



Élodie Pépin, QC
Teaching Excellence in Physical Education



Richard Christopher, NL
Teaching Excellence in Physical Education



Jeffery Zahavich
Research Council Emerging Scholar



Carl Adrian Xavier
Research Council Emerging Scholar

Dr. Andy Anderson Young Professional Award

- 1 Christian Leclerc - Nova Scotia
- 2 Hayley Degaust - Alberta
- 3 Julie Andrews - Saskatchewan

PHE Canada Student Award

- 1 Sara Fergus, University of Winnipeg
- 2 Hila Shnitzer, Queen's University
- 3 Ali Murtland, University of Victoria
- 4 Adeena Cox, Faculty of Kinesiology and Health Studies, University of Regina
- 5 Margaret Oliver, St. Francis Xavier University
- 6 Emma Lindsay, Laurentian University
- 7 Haris Khan, York University
- 8 Alyssa Roslinski, Faculty of Education, University of Regina
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Jennifer Buettner
President, Elected CoPT
Chair, Saskatchewan Physical
Education Association (SPEA)
www.speaonline.ca

Manitoba

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Educators of Manitoba (PHE
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www.phemanitoba.ca/

Ontario

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Québec

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www.feepeq.com

Québec

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www.apeqonline.net

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www.nbpes.ca

Nouveau-Brunswick

Joëlle Legresley
President, Association des
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physique (APEP)
<https://www.apep.ca>

Newfoundland and Labrador

Aaron Aikens
President, Physical Education
Special Interest Council
<https://www.pesicnl.com>

Nova Scotia

Justin Oliver
President, Teachers' Association
of Physical & Health Education
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Prince Edward Island

Megan Morrison
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https://www.peitf.com/special_associations.html

Finance

NUMBERS

Revenues (\$1,386,216) and Expenditures for fiscal year 2019-2020 for the 12-month period ending June 30, 2020.

REVENUE

20.18%	Government
59.82%	Corporations and foundations
4.05%	Resource development and review
0.87%	Advertising and marketing
0.52%	Membership
1.57%	Periodicals
2.81%	Events and workshops
1.39%	Publications
8.79%	Other

EXPENDITURE

29.65%	Programs
1.96%	Meetings and networking
1.61%	Communications
0.81%	Periodicals
2.85%	Events
0.09%	Publications
3.54%	Resource development, review and research
51.13%	Salaries and benefits
8.36%	Administration



CONTACT US



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With respectful acknowledgement that the land where PHE Canada's National Office is located is on the traditional unceded territory of the Algonquin Anishnaabeg People.