

Dr. Lisa M. Taylor is a contract faculty member in the Faculty of Health, Community, and Education at Mount Royal University. Lisa is also a former K–12 teacher in Alberta, serving nine years as a physical and health education specialist with the Calgary Board of Education. Lisa’s teaching and research are fueled by a passion for well-being, dedication to community, and commitment to inclusive education. Dr. Taylor’s research centers on understanding the health and wellness of those in schools from K–12 to post-secondary contexts; this work involves exploring the experiences of in-service teachers, post-secondary students, a systems approach to health promotion in education, and advocating for inclusion within health promotion approaches.



Why is it important to be connected to the PHE Canada Research Council?

I am grateful to be part of the Physical and Health Education Canada Research Council (PHECRC) for several reasons. This national community of researchers – many of whom are former K–12 teachers – is composed of passionate, knowledgeable, and collaborative scholars dedicated to improving physical and health education in K–12 and post-secondary contexts. Discussions with members frequently center on critical topics that I value such as health promotion in education, understanding and actioning equity, diversity, inclusion, and accessibility, as well as advocating for the critical role of physical and health education programming in K–12 and post-secondary contexts. My involvement with the PHECRC exposes me to new perspectives, considerations, ways of thinking, and work being done across the country; I feel that my academic growth as well as my own well-being (through comradery) are fostered. Simply put, this is a great group to be part of!

Dr. Lisa M. Taylor’s recent publications:

Taylor, L. M. (2024). Honouring wounds and healing forward: Teacher health in relation to the COVID-19 pandemic [Doctoral thesis, University of Calgary]. PRISM: Institutional Repository. <https://prism.ucalgary.ca/items/8a802836-4b9d-4f90-9db8-26b934f88088>

Kilborn, M., **Taylor, L.**, Kelly, B., Bourne, S., Dawson, M., Stryde, J., Allison, T., Vogan, K., Mondin, M., & Marcil, Z. (2024). A wisdom response to physical and health education: Part II - class interpretations. *Revue phénEPS/PHEnex Journal*, 14(2), 1–19. <https://ojs.acadiou.ca/index.php/phenex/article/view/4445>

Kilborn, M. & **Taylor, L.** (2024). A wisdom response to physical and health education: Part I – course design. *Revue phénEPS/PHEnex Journal*, 14(1), 1–17.

<https://ojs.acadiu.ca/index.php/phenex/article/view/4444>

Taylor, L. M., Wilson, O. W. A., Tingle, E., Russell-Mayhew, S. (2024). Purposeful practice: Physical education for everybody. *Runner: The Journal of the Health and Physical Education Council of The Alberta Teachers' Association*, 55(1), 11–15.

<https://www.hpec.ab.ca/the-runner>
