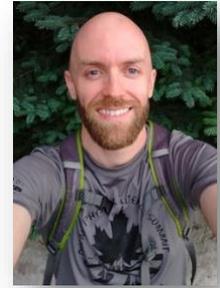


Adrian Xavier is currently completing a Master of Education in Curriculum and Pedagogy, with a focus on health and physical education at the University of Alberta. He has spent more than eleven years as an elementary school teacher with the Toronto District School Board and he is also approaching two years in his current role as a school health facilitator with Ever Active Schools in Edmonton.



Adrian has spent most of his professional life mining, crafting and refining a curiosity and passion for school health promotion, wellness and physical literacy. He is grateful and blessed to do the work he does because of the personal and professional relationships he has built in his life. It is Adrian's hope and intention to be and do the same for others, inspired every day by the words of Jackie Robinson, "a life is not important except by the impact it has on other lives".

Why is it important to be connected to the PHE Canada Research Council?

Being connected to the PHE Canada Research Council is a new experience for me as this is my inaugural year. I anticipate and look forward to being part of a diverse community of individuals who prioritize and are passionate about ensuring and advancing high quality health and physical education across the country. Since beginning my Masters' of Education program in 2018 it has been enriching to meet and build relationships with practitioners and researchers in the field and I am grateful for the opportunity through the research council to broaden and potentially increase such relationships. I am also hopeful this partnership will inspire and motivate me to continue learning about, questioning and highlighting gaps and opportunities to support research and practice as well as the innovative and best practices happening in communities across Canada and abroad.

Adrian Xavier's most recent publication:

Xavier, A. (2019). Voices From the Field. In M. Hillier, Teaching Dance and Movement Education (Ch. 19). In J. Barrett & C. Scaini (Eds.), *Physical and Health Education in Canada, Integrated Approaches for Elementary Teachers*, p. 213. Human Kinetics.
