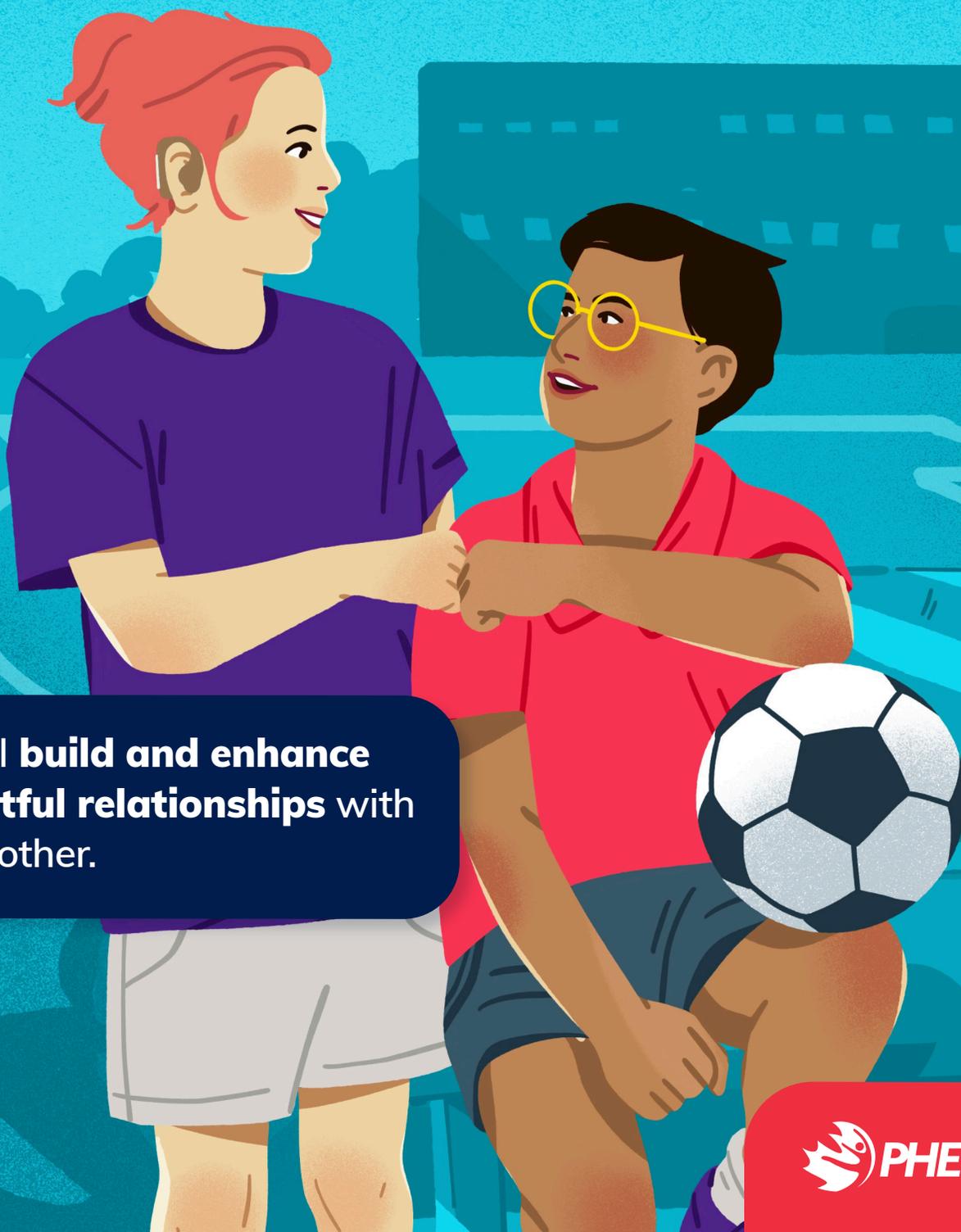


Develop Meaningful Relationships



We will **build and enhance respectful relationships** with one another.

Have a Say in How You Play

We will **listen to your opinions and feedback** about what we play and how we play.



Inclusive Movement Spaces

Build Belonging



We will **work together to address barriers** and create a community where everyone feels they belong.

Welcome Every Body



We will welcome every body so they can **develop their confidence and competence to move.**

Inclusive Movement Spaces

Respect Diversity



We will value and acknowledge your **background, beliefs, values, abilities, and experiences.**

Inclusive Movement Spaces

Expand Experiences



We will **step out of our comfort zone** to try new skills and activities.

Move to be Motivated



We will sleep better, learn better, manage stress better, and feel better when we move.