

Quality movement experiences for students with disabilities include...

# Autonomy

Students have independence, choice, and control in the activities.



Quality movement experiences for students with disabilities include...

# Engagement

Students have opportunities to be focused, absorbed, and engaged.



Quality movement experiences for students with disabilities include...

# Belongingness

Students feel included, accepted, respected, and part of the group.



Quality movement experiences for students with disabilities include...

# Mastery



Students feel a sense of achievement, accomplishment, competence, and confidence.

Quality movement experiences for students with disabilities include...

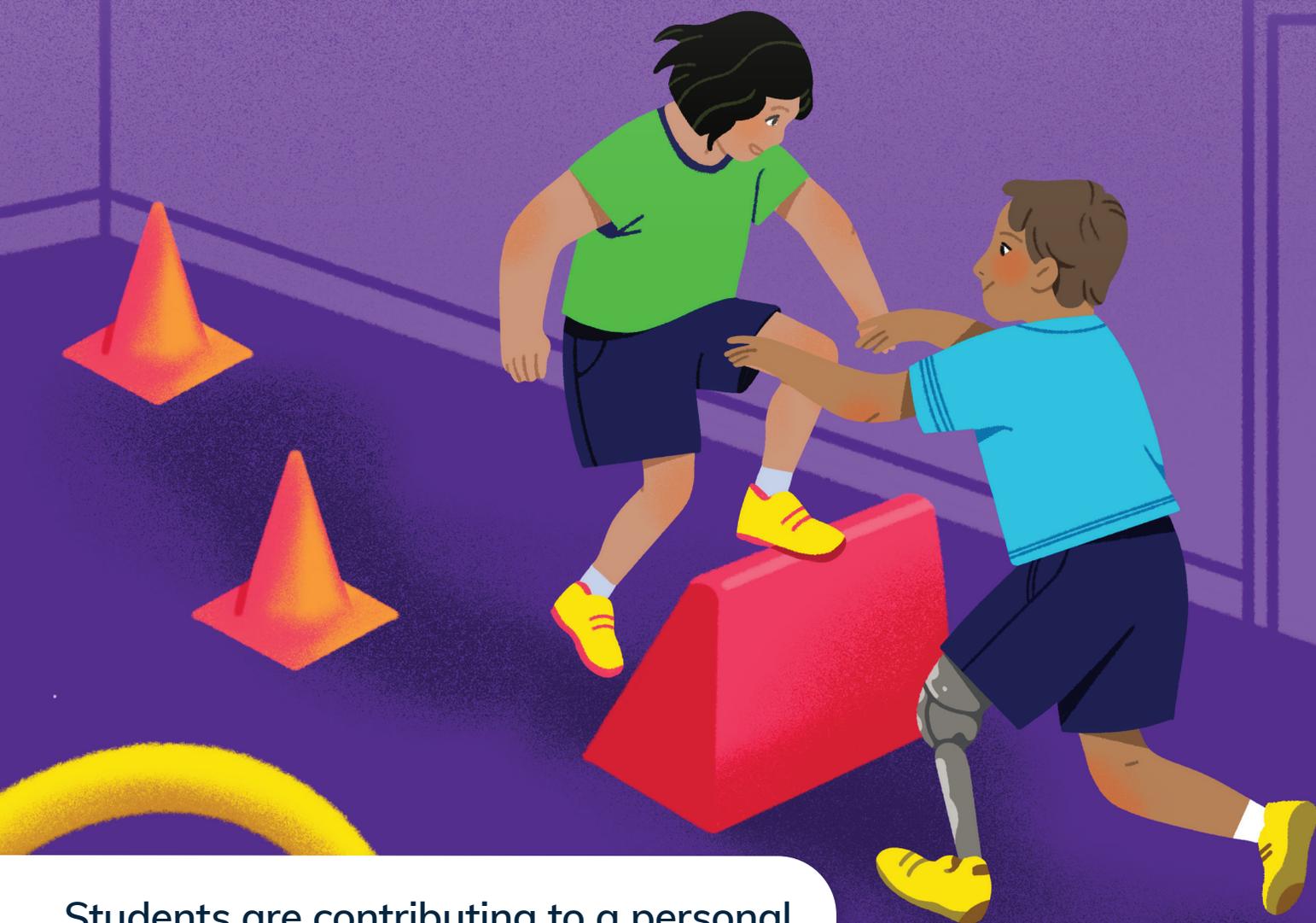
# Challenge

Students feel appropriately tested.



Quality movement experiences for students with disabilities include...

# Meaning



Students are contributing to a personal or socially meaningful goal and feel a sense of responsibility to others.