

The Recess Committee

WHAT TO CONSIDER

A Recess Committee will ensure the progress and continuity of quality recess experiences for all students. The committee must include administration, staff, students and parents. This will provide an opportunity for different perspectives, allow for a division of responsibilities, and ensure that all voices are heard. In addition to having planning meetings in advance of launching new recess initiatives, this committee should have regular meetings throughout the year to reflect on the activities and ensure success in planning and implementation.

RECESS COMMITTEE TASKS

- Develop a Recess Policy and update it regularly
- Develop a yearly activity plan and timetable
- Purchase equipment and materials
- Map spaces (ensuring spaces are universally accessible)
- Regularly attend staff and parent meetings to provide information and ask for feedback
- Visit classrooms to inform students of recess plans and activities
- Plan whole school updates during school assemblies (announcements, highlight progress, appropriate behaviour)
- Create a bulletin board to post schedules, announcements, and ask for suggestions from students
- Send information letters home to parents/guardians
- Recruit, train, and oversee a Junior Recess Leader program
- Discuss and continuously assess the needs of vulnerable students
- Book gymnasium times (as far ahead as possible) for indoor options on inclement weather days
- Evaluate/assess recess activities by surveying students and staff
- Create a clothing library for students who forgot or need rain jackets, mitts, boots, etc.

