

# Always Changing & Growing Up

## Personal Taking Charge Contract

### Action Plan

Self-Image Goal(s):

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_

I Want To Accomplish This/These Goal(s) By:

Date: \_\_\_\_\_  
Date: \_\_\_\_\_  
Date: \_\_\_\_\_  
Date: \_\_\_\_\_

To Achieve This/These Goal(s), I Will: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Possible Barriers: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Ideas To Overcome Barriers: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

It Is My Intention To Achieve This/These Goal(s)

\_\_\_\_\_  
Signed

\_\_\_\_\_  
Witness

\_\_\_\_\_  
Date

BROUGHT  
TO YOU BY



EDUCATIONALLY  
ENDORSED &  
PROMOTED BY



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