

Always Changing & Growing Up

Personal Taking Charge Contract

Action Plan

Self-Image Goal(s):

1. _____
2. _____
3. _____
4. _____

I Want To Accomplish This (These) Goal(s) By:

- Date: _____
- Date: _____
- Date: _____
- Date: _____

To Achieve This (These) Goal(s), I Will: _____

Possible Barriers: _____

Ideas To Overcome Barriers: _____

It Is My Intention To Achieve These Goals

Signed

Witness

Date

BROUGHT TO YOU BY



EDUCATIONALLY ENDORSED & PROMOTED BY

