

Materials	Access to the internet, paper, markers
Learning Outcome	Develop social awareness skills by examining the difference between equality and equity.

Description

Ask the youth to watch the short video called Equity and Equality. Discuss the video together and talk about what they learned. Ask if they were aware of the difference between the two words and if they understand them now. Invite the youth to get a piece of paper and ask them to draw 10 people on the paper (stick figures are ok!). After they have completed drawing, explain to the youth that they are to pretend that all the people they have drawn are hurt or sick and need to go to the doctor. The doctor decides to treat all the people equally and provides them all with a bandaid (draw a bandaid on each person to the best of your ability). After doing so, ask the youth:

- Do you think every person will be taken care of the way they need to be if they only receive a bandaid?
- What would it look like if the doctor used equity when treating all the people?
- Do you think everyone in Canada has equal access to a doctor? Why or why not?

Emotional Well-Being Competencies



THINK

Develop cognitive skills and strategies that facilitate self-management, decision-making, and relationship skills.



FEEL

Develop affective skills and strategies that facilitate healthy and safe relationships with themselves, with others, and with their environment.



ACT

Practice behaviour skills and strategies that facilitate responsible decision-making, self-awareness, and social-awareness.



Reflection Questions

Reflection is important to support learning for emotional well-being. Consider asking the youth the reflection questions below and discuss the answers together.

- *Would you say fairness is equality or equity?*
- *Can you think of equality and equity examples in your community or school?*