

Materials	10-12 soft items (e.g., pairs of socks, stuffed animals, soft balls), flat floor marker (e.g., paper plate, piece of cardboard), laundry basket, timer
Learning Outcome	Practice covering space and stopping the play in a striking and fielding activity.

Description

Ensure there is enough space to do the activity away from any safety hazards. This activity requires at least two players. Place the laundry basket containing the 10-12 soft items in one location of the playing area to represent home base. Provide enough space from home base to allow for the soft items to be thrown outside of the playing space. Place the flat floor marker within the playing space and close to home base to represent first base. One player stands by the laundry basket and the other stands in the open playing space. The player yells “Yard sale!”, starts the timer, and starts throwing the items, one at a time, into the playing space. The player in the playing space moves to collect each item as quickly as possible to collect the items and place them by the floor marker. Each item must be picked up, one at a time, and placed on the floor marker. The items can be caught in mid-air while they are thrown and moved to the floor marker. Once all the items are collected, the round ends and the timer is stopped. Players switch positions and see how fast they can pick up the items. If more than two players are playing, other players can play in the field and each object must be passed to each player in the field before being placed on the floor marker.

Physical Education Competencies



MOVE

Develop psychomotor skills, tactics, and strategies that facilitate a variety of physical activities across diverse environments.



THINK

Develop cognitive skills and strategies for a variety of movement contexts that facilitate critical thinking, decision-making, and problem solving.



FEEL

Develop affective skills and strategies that facilitate healthy and safe relationships with themselves, with others, and with their environment.



ACT

Practice behaviour skills and strategies that facilitate movement competence and confidence.



Reflection Questions

Reflection is important to support learning during physical activity. Consider asking the child the reflection questions below and discuss the answers together.

- *When you were collecting the items that were thrown into the playing area, what strategies did you use to collect the items as fast as you could?*
- *How could you modify the activity to make it easier for the person collecting the items? Harder?*



Inclusion Considerations

Modifications can be made to a variety of activity components to ensure inclusion. As you plan activities, consider how everyone can be involved and how to modify or adapt the activities to ensure the full inclusion of all. The STEP framework provides modifications to the following activity components — space, task, equipment, and people.

S Space	T Task	E Equipment	P People
Reduce the size of the playing area.	One object at a time is thrown and moved to the flat floor marker.	Tape rope or string to the ground for the child to use as tactile lines to follow to pick up the different objects. Ensure that the objects are placed along the tactile lines.	An individual supports the child by providing verbal and gesture cues.