

Materials	Paper, markers, other art supplies
Learning Outcome	Analyze what belonging means and give examples of belonging in various social environments.

Description

Ask the child what belonging means to them. What does belonging feel like? Look like? Sound like? Think about what belonging may mean in their family, school, and community. What words represent belonging in each of these places?

Share what a word cloud is with the child. It is an image that contains a variety of words that describe a concept. Show some examples of word clouds if needed. Ask the child to create a word cloud of their own that promotes the acceptance of everyone in their family, school, and community. Support in brainstorming a list of words and ask the child to design their word cloud on a piece of paper and encourage them to use different colours and elements to design the words.

Invite the child to phone or video call a family member or friend and share their word cloud.

Emotional Well-Being Competencies



THINK

Develop cognitive skills and strategies that facilitate self-management, decision-making, and relationship skills.



FEEL

Develop affective skills and strategies that facilitate healthy and safe relationships with themselves, with others, and with their environment.



ACT

Practice behaviour skills and strategies that facilitate responsible decision-making, self-awareness, and social-awareness.



Reflection Questions

Reflection is important to support learning for emotional well-being. Consider asking the child the reflection questions below and discuss the answers together.

- Why is belonging important?
- What family member or friend makes people feel that they belong? Who is it and what do they do to make people belong?