



Take your healthy school efforts to the next level with PHE Canada



Investing in Healthy Schools Assist allows you to take your healthy school efforts and activities to new levels by receiving hands-on support from PHE Canada to help mobilize the Canadian Healthy School Standards at your school. Using a 4-step process which is strength-focused, we guide you through everything you need to know to move your unique healthy school initiatives forward.

About Healthy Schools Assist

The Healthy Schools Assist Program provides tailored coaching and support to schools aiming to improve student and school-wide well-being.

Through virtual or in-person guidance, schools receive support with planning, implementing health initiatives, and achieving Healthy School Standards, while gaining access to valuable resources and professional development opportunities from PHE Canada's team of experts.

The Healthy Schools Assist Program is uniquely designed to meet you where your school is at on it's healthy school journey. Whether you are just starting out, or a seasoned pro, this program can help you move forward in new ways. Here are some additional features this program offers:

- ✓ **Kickstart Your Efforts** – Get personalized onboarding and hands-on planning support to bring your healthy school ideas to life.
- ✓ **Gain Purposeful Perks** – Unlock exclusive discounts on top-tier conferences and training, as well as a national community of practice that helps fuel your passion and professional growth.
- ✓ **Shine Nationally** – Earn recognition and celebrate your school's commitment to student well-being across Canada.
- ✓ **Get Support That Sticks** – Enjoy ongoing expert coaching throughout the year so you are never alone on the path to a healthier school.



Invest in healthy schools

Up to a ½ Day Training Session	\$1,250.00 + travel
Up to a Full Day Training Session	\$2,500/group (max of 25) + travel
District-Wide Healthy Schools Training	\$25,000/group of 30 schools + travel

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